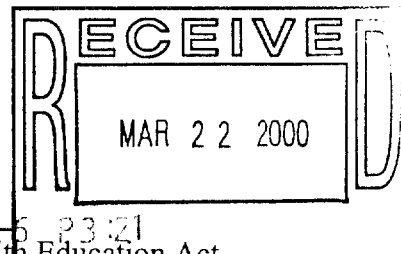


**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA**



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Spring Valley® Folic Acid, Product #13603** bearing the statements set out below:

**Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104**

The text of each structure function claim for **Folic Acid** is as follows:

(Statement 1)

Folic Acid is a B vitamin and is one of the factors involved with vitamin B-12 in the production of new red blood cells and the synthesis of RNA and DNA, the carriers of genetic information.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of March, 2000.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: _____

DR. LUKE R. BUCCI

DR. LUKE R. BUCCI

Vice President of Research